

## Artistic Statement

Movement comes from a vulnerable space in my body, and I find myself using dance as the vehicle for therapy. Without dance I would not exist because much like oxygen I thrive off of noodling my body in order to go through life's journey. My work is inspired by my environment and past experiences in order to make sense of my world. You will notice that my dancing is quirky, unique, and authentic to self. I like to imagine myself improvising to my body's rhythm and I go off into the depths of my dreams to truly invest into what I am exploring subconsciously. Most choreographers try to "conclude" their pieces, but I never find closure because every piece is a direct effect of what I'm going through in my life. Until I "figure it out", I keep creating and I keep exploring. " I am not alone" or "It's actually cool to be weird" or all of the above. I just want to make the audience feel something. Even if it's only one, that's when I have accomplished and succeeded as an artist.